# Charles N. Zeitler III, Psy.D. Licensed Psychologist

1857 Stafford Court, Eldersburg, MD 21784 ◆ (410) 861-7920 ◆ CharlesZeitler@gmail.com

### **LICENCES**

May 4, 2011 – Present Licensed Psychologist, Maryland (#04809)

May 29, 2013 – Present Licensed Psychologist, New York (#020090)

May 1, 2013 – Present Licensed Clinical Psychologist, Virginia (#0810004780)

Nov 20, 2012 – Present National Register of Health Service Psychologists (#53700)

**EDUCATION** 

Aug 2010 Doctorate in Clinical Psychology, Psy.D.

American School of Professional Psychology at Argosy

University/Washington DC, Arlington, Virginia

June 2007 Master of Arts in Clinical Psychology

American School of Professional Psychology at Argosy

University/Washington DC, Arlington, Virginia

Dec 2004 Bachelor of Arts in Psychology, with Honors

University of Maryland Baltimore County, Baltimore, Maryland

### CLINICALLY RELATED PROFESSIONAL EXPERIENCE

May 2013 - Present **Psychologist, Maryland Disability Determination Services** 

Perform consultative examinations (cognitive and emotional assessments) on applicants for Social Security Disability Income and Supplemental Security Income benefits. Provide DDS with written evaluations including objective clinical findings, observations and functional status of the applicant utilizing standardized tests yielding quantifiable data and a detailed clinical interview. Measures used include Mini-Mental State Examination, 2nd Edition, Standard Version, Wide Range Achievement Test, Fourth Edition, Wechsler Intelligence Scale for Children - Fourth Edition, Wechsler Adult Intelligence Scale – Fourth Edition, and Wechsler Memory Scale – Fourth Edition.

May 2010 – Present

### **Psychologist, Private Practice (Assessments & Solutions)**

Provide therapy for children and adolescents with behavioral and emotional problems; adults with serious and persistent mental illness; and couples in crisis. Therapy specialties include treating cybersexual addiction, especially in the context of a committed relationship and integrative couples therapy for infidelity. Serve as a guest speaker and consultant for churches establishing sexual integrity ministries. Also provide therapy though telehealth services.

Sep 2011 – Present

## Psychologist, Springfield Hospital Center

Perform forensic assessments for court ordered inpatient and outpatient defendants regarding competency to stand trial and criminal responsibility for the district and circuit courts of five Maryland counties as well as court-involved patients from all over Maryland who are on the Deaf unit or who are transferred from other DHMH facilities. Serve as an expert witness in circuit and district courts. Provide individual therapy for competency restoration and community re-entry on the acute care units. Provide consultation at weekly forensic review board making pre-release decisions concerning Not Criminally Responsible and Incompetent to Stand Trial patients. Provide supervision for post-doctoral intern, pre-doctoral intern, and undergraduate psychology externs as needed. Provide seminars for fellow psychologists, psychology interns/externs and hospital-wide staff. I am part of a team researching an instrument's (COVR) ability to predict violence on our patient population.

I have also performed the duties of a staff psychologist on an acute psychiatric admissions unit. Provided psychodiagnostics, plan of care development, individual and group therapy, consultation to treatment team from diverse disciplines, and behavioral and risk assessments. Served on departmental committees (CEU committee, Hiring Committee, and Internship Selection Committee) and provided supervision for pre-doctoral psychology interns.

#### SUPERVISED TRAINING

Sep 2010 – Aug 2011

Forensic Fellowship at Office of Forensic Services, Springfield Hospital Center, Sykesville, Maryland

Postdoctoral Internship

Performed forensic assessments for court ordered inpatient and outpatient defendants regarding competency to stand trial and criminal responsibility for the district and circuit courts of five Maryland counties as well as court-involved patients from all over Maryland who were on the Deaf unit or who are transferred from other DHMH facilities. Served as an expert witness in circuit and district courts for individuals whom I have evaluated. Provided individual and group therapy for competency restoration and community re-entry on the acute care units. Served as forensic liaison for an admission unit. Presented forensic patients at quarterly hospital-wide case conferences. Provided supervision for undergraduate psychology externs. Provided consultation at weekly forensic review board making pre-release decisions concerning NCR (not criminally responsible) and IST (incompetent to stand trial) patients.

Sep 2009 – Aug 2010

# Mid-Atlantic Internship Consortium, placed at Catholic Charities Villa Maria Continuum, Timonium, Maryland

Predoctoral Clinical Psychology Internship

Provided a wide array of services to diverse children, adolescents, and their families to include inpatient, residential, outpatient and schoolbased services. Clientele typically present with severe externalizing behaviors and severe trauma backgrounds and/or persistent mental illnesses. Conducted cognitive and emotional psychological assessments in Level V schools to include integrated reports and participation in IEP meetings. Provided functional analyses and developed behavioral management plans in school settings. Participated in client treatment teams. Provided group therapy in a therapeutic group-home setting and in an outpatient setting for children ages 5-14 who were experiencing moderate to severe behavioral and emotional problems. Provided individual and family therapy for children, adolescents, and adults in an outpatient setting. Provided psycho-education, coaching, and emotional support to parents of individual therapy clients. Commonly treated diagnoses included: PTSD, ADHD, ODD, CD, Anxiety Disorders, Mood Disorders, and Attachment Disorders. Provided assessment supervision to psychology extern.

Sep 2008 – June 2009

# **Spring Grove Hospital Center,** Catonsville, Maryland Doctoral Externship

Conducted assessments, to include full batteries with integrated reports, and provided individual and group therapy for severely mentally ill patients at a state psychiatric hospital. Group therapy foci include social and emotional skills training, substance-abuse, appropriate boundaries, anger management, relapse prevention, and a process-experiential group. Performed assessments for a variety of referral questions to include basic neurological screening and forensic issues, but primary focus was on emotional and intellectual functioning. Participated in a multidisciplinary

team, received monthly training on diversity issues, and attended monthly seminars on a variety of topics such as MMPI-2-RF, WMS-IV, Acceptance Therapy and Mindfulness, and Trauma Assessment and Treatment for Adults.

Sep 2007 – June 2007

## St. Vincent's Center, Timonium, Maryland

## **Doctoral Externship**

Conducted assessments, to include full batteries with integrated reports, and presented reports as a part of a multi-disciplinary team to aide with diagnostic issues, individual treatment plans, and to address systemic issues for children and adolescents in a residential treatment center and a therapeutic group home. Provided individual and group therapy for the same population and designed curriculum for two of the groups. The children presented with serious emotional and behavioral disturbances, physical and sexual abuse, trauma issues, and some learning and developmental issues. Individual therapy approaches included play therapy, cognitive-behavioral therapy (CBT), and Trauma Focused-CBT. Group therapy foci included a social skills group, a sexually reactive group, a process-experiential group and a behavioral modification group.

Aug 2006 – June 2007

# **Gaudenzia at Maryland Transition Center,** Baltimore, Maryland <a href="Doctoral Externship">Doctoral Externship</a>

Intensive outpatient duel diagnosis treatment program that incorporated Therapeutic Community Model principles in a prison setting. Conducted full assessment batteries, wrote integrated reports and performed suicide risk assessments. Conducted individual and group therapy using a variety of approaches including motivational enhancement therapy, cognitive-behavioral therapy, and social skills and anger management groups. Participated in weekly clinical staff meetings, staff training sessions, and presented clients in group supervision. Responsible for all necessary documentation to include treatment plans. Obtained specialized training on Hare's Psychopathy Checklist-Revised and on the Therapeutic Community Model as a method of treatment.

### CLINICALLY RELATED VOLUNTEER EXPERIENCE

Mar 2006 – May 2007

Baltimore and Carroll County Sexual Assault and Domestic Violence Hotline, Baltimore, Maryland

Provided crisis counseling as well as information and referral services to callers. Informed battered persons of their civil and criminal options and of the availability of safe shelter for them and their children.

Jan 2006 – July 2006

Granite House, Inc. (An affiliate of Sheppard & Enoch Pratt

Foundation), Westminster, Maryland

Facilitated small groups for seriously mentally ill clients involved in Granite House's day program. Groups included addiction support, cognitive therapy, social skills, coping skills, wellness, memory skills, journaling, and setting goals for treatment.

### PROFESSIONAL EXPERIENCE

Aug 1999 – May 2003

Minister, San Diego Church of Christ, San Diego, California

Performed marriage, family and individual counseling. Taught men and women of all ages and ethnic backgrounds in groups of hundreds and on an individual basis. Helped organized seminars and conferences and planned events for more than 2000 people. Had oversight for the spiritual, mental and physical well-being of the congregation.

Sept 2002 – May 2003

Sexual Addiction Recovery Facilitator, San Diego Church of Christ,

San Diego, California

Facilitated small group counseling and performed individual counseling for men with sexual addictions. Helped create idiosyncratic plans to overcome and cope with addictive behavior.

Jan 2002 – Aug 2002

Chemical Recovery Facilitator, San Diego Church of Christ,

San Diego, California

Facilitated small group counseling and performed individual counseling for men and women with drug and alcohol addictions. Helped create idiosyncratic plans to overcome and cope with addictive behavior.

#### PROFESIONAL PRESENTATIONS

Aug 2014 – present

Understanding & Treating the Cybersexually Addicted: An Overview.

Provide monthly three hour webinar on cybersexual addiction for TZK Seminars. Seminar focuses on understanding what cybersexual addiction is, how it develops and how to diagnose and treat it. The seminar also provides an overview of the neuroscience behind cybersexual addiction and the impact of the addiction on the individual and the committed dyad.

June 2013

Integrative Couples Therapy for Cybersexual Addiction. Didactic Seminar for Springfield Hospital Center Psychology Staff, Springfield Hospital Center, Sykesville, MD